

ST ANDREW'S SCHOOL NEWSLETTER

TERM 2 WEEK 8
FRIDAY 7 JUNE 2024

Principal's Message

From our Principal Mr Michael Gavaghan

Dear Parents & Carers,

Last Tuesday evening I was privileged to attend the celebration of First Eucharist for our Catholic Year 4 students. It was a wonderfully reverent occasion that reflected the importance of the event for the students, their families and our staff. I'd like to thank Glenn Mugavin, Kat Eastman & Anne Go for their preparation of the children. Thanks also to our staff, who were there in numbers to demonstrate their support. The choir made the celebration a joyous occasion led by Susanne Sweeny and supported by the keyboard skills of _____.

For the past few weeks the teachers have been preparing the first semester reports of their students. The reports will be emailed home on Monday 24 June and they will be accompanied by 3 way conversations, held on Tuesday 25 June and Thursday 27 June. Booking instructions will be sent home early next week. Please note that school will finish at 1:00pm on Tuesday 25 June to enable enough time to hold the meetings.

I would like to commend the work of our Mini Vinnies, who were commissioned and blessed at last week's assembly. The Mini Vinnies have launched their winter appeal and families are encouraged to send along specific items of food and other requirements to be donated to the St Vincent de Paul Society to be distributed to needy families.

As mentioned in last week's newsletter, keeping your child home from school and other activities when they are sick with a cold can stop them spreading their illness to others. While we appreciate it is not always easy to take time off work to care for a sick child, sending them to school means others, students & staff, are more susceptible to getting sick.

Some children continue to cough for many weeks after a cold – this is known as a post-viral cough. If your child has a cough but is otherwise well, check with your doctor if they can attend school.

COVID is also still circulating through the community. The most recent Department of Health advice recommends that **a person diagnosed with COVID-19 should:**

- isolate until 5 days after the date of the positive test result for COVID-19 and until resolution of acute symptoms of COVID-19.
- not leave isolation if experiencing acute symptoms of COVID-19: runny nose, sore throat, cough, shortness of breath, fever, chills and/or sweats.
- A negative rapid antigen test result is a helpful tool to determine if a case is likely to be no longer infectious but should be interpreted in conjunction with the case's symptoms and duration of illness.

Next Friday will be the Neon Disco, organised by the Parent Association. The F-2 Disco will be held from 2:00-3:00 and the Yr 3-6 Disco from 5:30-7:30. This is a fundraiser and students are asked to sign up sponsors as their entry. All students can participate whether they can fundraise or not. Information was sent home earlier this week to explain sponsorship and student prizes.

Term 2 finishes at 1:00pm on Friday 28 June 2024.

Stay well
Michael Gavaghan

PARENT VOICE & THE SCHOOL ADVISORY COUNCIL

At our most recent School Advisory Council meeting we discussed how we can provide greater opportunity for our school community to have issues or questions raised and discussed. It was decided we would add time in each meeting for parent issues to be discussed and reported back through our school newsletter. The School Advisory Council will not address individual matters or complaints but rather bigger picture matters that apply to many or all of our school community. To have an item discussed we ask that you email principal@sawerribee.catholic.edu.au prior to each meeting with a brief description of the matter. The SAC chairperson, Kearan Gibaldi, & the principal will decide which items are discussed at each meeting and invite the parent to attend if they are available. As mentioned, a short report will be prepared after each meeting to report back to the community.

The next meeting of the School Advisory Council will be held on Tuesday June 11, 2024.

The current parent members of the School Advisory Council are Kearan Gibaldi, Steven Carvalho, Jenny Douglas, Anyieth Ngueny and Richard Shortt.

Reminder - STUDENT ABSENCES

Please ensure that you are notifying the office or your child's teacher in the event of your child being away. You must give the reason for the absence.

For longer periods of absence, such as in the event of a holiday, please notify the school office in writing, enquiries@sawerribee.catholic.edu.au



SUBWAY lunches can be ordered for the rest of the year through the Canteen Hub website:

<http://app.canteenhub.com.au/login>

You can place an order up until 5pm on the Wednesday before the Friday delivery date, our next delivery date is:

Friday 14 June.

Student Wellbeing News

From our Deputy Principal, Lisa Black

Our House Captains have done a fantastic job so far in running the Friendly Meeting Place during lunch. This week Mason, Adhar, Etain, and Mathilde ran a talent show. It was great to see students from F-6 join in.

The friendly meeting place is a structured play run by year 6 students. It promotes friendships across the school. The area serves as a space where students can retreat if they need some time out or in need of a friend.

Separation Anxiety reflects a child's fear or distress at the idea of being separated from their parents or caregivers. This heightened distress is often expressed with tears, clinginess, pleading, refusing to get dressed for school, or refusing to go to school.

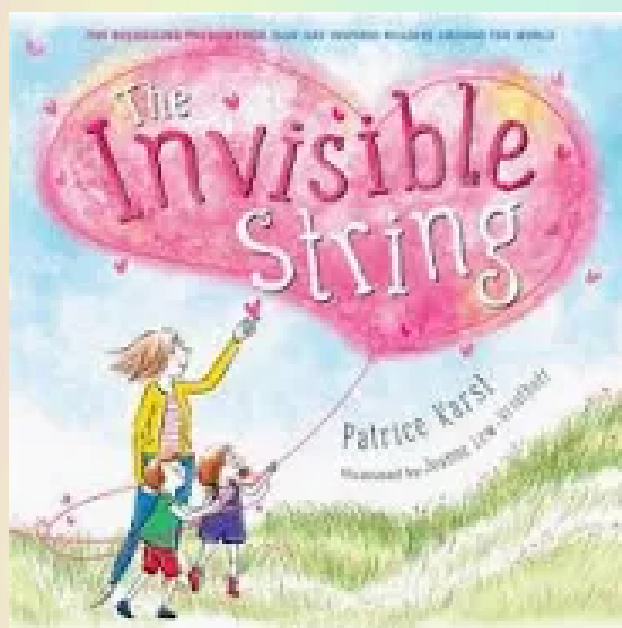
Many children with Separation Anxiety also complain of an upset stomach, headache, or feeling sick. Below are some strategies that can help with separation anxiety:



- Talk to your child's teacher. It is important to talk to your child about their fears. Working in partnership increases success.
- Create predictable morning routines. Consider preparing their school bag and uniform the night before or waking up earlier. A visual checklist is a great idea.
- Outsource someone to do the drop-off (if possible). In many cases, there can be a substantial improvement in anxious behaviours when another parent, relative, or close friend takes your child to school.
- Be supportive - yet firm. Remain calm and reassure your child that they are safe at school. Create a script e.g. "I can see it is hard for you to go to school today but you have to go to school."
- Deep questions - when your child is calm e.g. after school ask questions around what fears they may have. Why is it hard for them? Together come up with a plan.

Resources

Books such as “The Invisible String” by Patrice Karst are also a great option to help children to normalise their worries and fears. This lovely picture book describes an ‘invisible string’ that connects us to our loved ones, no matter where they may be. A related activity could be to tie a string around your child’s wrist and yours (you could even get creative and decorate it), as a reminder of the invisible string connecting you throughout the day.



Cue to start.....Live, Love, Learn

Using cues is one of many effective classroom management techniques. It is a cue (signal) to initiate directions and for students to shift their focus from one state of attention to 100% attention. At St Andrew’s we have a whole school cue to start. This ensures consistency across the school, achieving success for all our staff and students.

When a teacher at St Andrew’s wants their students to give 100% attention to the speaker they will say

“ Live, Love...” and our students will respond with “Learn”

Have a go practicing the signal with your child at home!

Office Hours

Please note that office hours are
8:30am - 4:00pm Monday to
Friday.



PE News

From our PE Teacher, Sally Taylor

Yr 1/2 AFL Auskick Clinics

Yesterday Wardell Lual from the Werribee Tigers came in and ran the classes through some AFL skill based games. The children loved their time with him and I thank the Werribee Tigers for reaching out to us to hold a clinic with our Yr 1 and 2 students.

If your child is interested in Auskick there is a flyer below with all the information to join a league.



Yr 6 Winter Gala Day

Our Yr 6 students will have their Winter Gala Day next Friday 14th June. The games will commence at 10am.

The AFL 9's and Soccer will be played at Galvin Park.

The T-Ball will be played at Presidents Park and the Netball is at Eagle Stadium. Parents are welcome to attend.

Good luck to all and let's have some fun!!

Upcoming Events

Year 6 Winter Gala Day - Friday 14th June



PLAY

midseason entry

It's not too late to join NAB AFL Auskick.
Try it out - 5 weeks and exclusive goodies for \$55!

WERRIBEE AUSKICK CENTRE

Chirnside Park (Avalon Airport Oval)
Werribee

Saturday 15th June



play.afl/auskick

Catholic Identity News

From our Deputy Principal Mr Glenn Mugavin

Teaching and learning about First Eucharist/ Holy Communion

On Tuesday 4 June, 22 students in Year 4 celebrated receiving the Sacrament of First Eucharist/ Communion in St Andrew's Church. Fr Anton was our celebrant.

Harper & Nathaniel from Year 4 shared their learning below:

We were very excited and nervous all at the same time because we were going to be receiving the Body of Christ, the Eucharist.

After receiving our first Holy Communion we felt proud and happy because we now had Jesus in us. This means that we now spread the word of Jesus.

Our parents and teachers were very proud of us. We are going to live like Jesus everyday by doing good things, caring for people and showing kindness.



Connection to the community - National Reconciliation Week

National Reconciliation Week is an opportunity for all Australians to learn about our shared histories, cultures and achievements, and to explore how each of us can contribute to achieving reconciliation as individuals, and as a school community.

By Ava Year 5:

In National Reconciliation Week we asked teachers & students to wear something yellow; a ribbon in their hair, a bracelet or a hat at school on Friday. Aboriginal people have lived in Australia for about 65,000 years but their lands were taken over by the British. Seeing that people at our school wore yellow made me feel like they actually acknowledge the Aboriginal and Torres Strait Islanders. The amount of splash of yellow I saw on almost everybody was a crazy amount.

By Braxton Year 6:

National Reconciliation Week was recognized at St Andrews with Wear it Yellow and this was around the school. This made me feel great to know mostly everyone was wearing yellow to acknowledge our first nation peoples. The theme for 2024 was "Now more than ever" which is a reminder to all of us that no matter what, the fight for justice and the rights of Aboriginal and Torres Strait Islander people will continue.

We invite you to visit our display on the welcome board in the office. It includes an original painting on loan from an indigenous artist.

Catholic Identity News

From our Deputy Principal Mr Glenn Mugavin



We encourage families to pray together and to include the *Aboriginal Our Father* in your prayers.

Aboriginal Our Father

You are Our Father, you live in heaven
 We talk to you, Father you are good (repeat)
 We believe your Word Father
 We your children, give us bread today (repeat)
 We have done wrong, we are sorry
 Help us Father not to sin again (repeat)
 Others have done wrong to us
 And we are sorry for them, Father today (repeat)
 Stop us from doing wrong, Father
 Save us all from the evil one (repeat)
 You are Our Father, you live in heaven
 We talk to you, Father you are good (repeat)

The Lord's Prayer from the "Missa Kimberley"
 Copyright applies. Diocese of Broome, Western Australia.
 Accessed through Aboriginal Catholic Ministry website [here](#).



Commissioning Ceremony

Last Friday at Assembly, Fr Huy blessed our Yr 6 Mini Vinnie students and as a school community we acknowledged the work that these special children do to help others in need.

Thank you Stella, Vanessa, Natalia, Akwak, Efe, Ese, Maya, Lola, Lachlan, Ameila D, Lily, Jack G and Gavin. May you continue to be kind and think of others as you travel through life.

2024 WINTER APPEAL

1st June until 24th June

"Wherever there is a need; do something about it ..."

HELP TO WARM A FAMILY IN NEED THIS WINTER

Every day at St Andrew's we see you making a difference to someone in our School community.

We are inspired by the example of St Mary of the Cross MacKillop and our Catholic Social teachings to take action when we see the need & respect the dignity of all.

The St Vincent de Paul Society asks for our help to assist households who are struggling to make ends meet with the high cost of rent and the increased cost of living. Many adults and children are suffering hardship and go without meals because they do not have enough money to pay for the bare necessities of daily life.

We are seeking donations of **toiletries, UHT milk, tinned food, soup, pasta, clean blankets, gloves, scarves & beanies** to be distributed by the St Vincent de Paul Society to those in need in our local community.

THANK YOU FOR SUPPORTING THE GOOD WORKS OF MINI-VINNIES



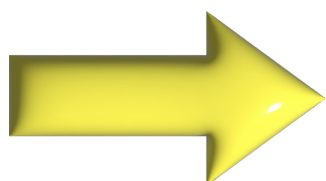


Some of our students have recorded instructions on how to register for the fundraising page of the Neon Disco in Vietnamese, Dinka, Chin, and Arabic.

A screen recorded video has also been prepared by our students, please click [here](#) to view.



[Click here for Vietnamese](#)



[Click here for Dinka](#)



[Click here for Chin](#)



[Click here for Arabic](#)



MARIAN COLLEGE

A Kildare Education Ministries Catholic School for girls in the Brigidine Tradition.



PROSPECTIVE FAMILY INFORMATION EVENING

TUESDAY 25 JUNE 2024
5.00PM – 6.30PM

MARIAN COLLEGE SUNEHINE WEST
196 Glengala Road
Sunshine West VIC 3020

T +61 3 9363 1711
E principal@mariansw.vic.edu.au
www.mariansw.catholic.edu.au

BOOK NOW VIA
THE QR CODE OR
OUR WEBSITE



Families can book directly here: <https://www.trybooking.com/CRYEU>

JUNE



2024

SUN	MON	TUE	WED	THU	FRI	SAT
30						1
2	3	4	5	6	7 FOUNDATION MANY CULTURES AFTERNOON TEA 2:30PM	8
9	10 KING'S BIRTHDAY PUBLIC HOLIDAY - NO SCHOOL	11 SCHOOL ADVISORY COUNCIL MEETING 6:30PM	12	13	14 SUBWAY DAY ASSEMBLY 9AM Y6 WINTER GALA DAY F-2 NEON DISCO 2-3PM Y3-6 NEON DISCO 5:30PM - 7:30PM	15
16	17	18	19	20	21	22
23	24 BOOK FAIR	25 BOOK FAIR 3 WAY CONVERSATIONS STUDENTS DISMISSED AT 1PM	26 BOOK FAIR	27 BOOK FAIR 3 WAY CONVERSATIONS	28 BOOK FAIR LAST DAY OF TERM STUDENTS DISMISSED AT 1PM	29